

Sailing school **Training** Renting Ride School **Practice Coastal Permit** Para sailing

2018







# the Noutical Center

At the mouth of the river Odet, in Bigouden Country, the Sainte Marine's Nautical Center stands in the heart of the forest park of Kerobistin. A small cove offers a direct access to the sea, on a sheltered body of water, ideal for learning and practicing nautical activities from March to November.

Since the creation of the Nautical Center in 1968, several generations passed by. A team of 5 permanent employees and many graduate trainers welcome you throughout the year in this ideal setting.



## Al Yeor Round Activities

## **COASTAL PERMIT**

Theoretical training and practical evaluation are provided on a speedboat Cap Camarat 6m25 / 130cv. Permit in a one week contract during July and August. Evening classes in the off-season. One theoretical exam per week. Flat rate: 310 €

## **LEISURE AND SPORT NAUTICAL ACTIVITIES**

(Spring / Autumn)

Every Saturday from 9 am to noon (Nautical Stadium) and form 2 pm to 5 pm (supervised session) Kayak, catamaran, dinghy, windsurf, Stand Up paddle

Trial session : 20 € Spring OR Autumn : 120 € Spring AND Autumn : 220 €

## **SAILING ADAPTED TO DISABLED PERSONS**

Board our collective sailboat, the Mentor, to safely discover sailing and the sea.

Price and navigation conditions: contact us.

## **SCHOOL GROUPS**

Sailing, kayak, stand up paddle and marine environment all year round

## **GROUPS AND WORKS COUNCILS**

Contact us



You want to become a SAILING INSTRUCTOR? We train you! Contact us.

# TRAINING ...

## ...Summer (July-August)

From July, 2 to August, 31, 2018

Monday to Friday, 9:00 am to 12:00 pm OR 2:00 pm to 5:00 pm

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	GARDENS OF THE SEA (4 to 5 years old)140 € 6 children maximum. They discover seaside activities, ar the first sensations on the water in a collective boat they love!	
	<b>SHIP'S KIDS</b> (6 to 7 years old) <b>140 €</b>	
	8 children maximum. Every day on the water, they begin to sail and discover the sea.	
	The outfit for the ideal training: sunscreen, sunglasses, cap or hat, swimsuit, windbreaker, change of clothes.	
	THE DINGHIES	
	OPTIMIST (from 7 years old)140 € In duo to acquire the first bases, or solo for the most experienced.	
	<b>LASER PICO</b> (from 9 years old) <b>140 €</b> Duo or solo on a light and powerful boat.	
	THE CATAMARANS	
	NEW CAT 10.5 (from 9 years old)155 € First knots heading upwind on a simple and safe boat.	
	NEW CAT 12 (from 10 years old)155 € Sensation and speed, a step towards autonomy.	
	<b>HOBIE CAT 15 TWIXXY</b> (from 13 years old)175 € Quickly improve.	
	HOBIE CAT 16 TATOO (from 15 years old)185 € Perfect oneself on a fast boat.	
	HOBIE CAT 16 (from 16 years old)	
	(who have already done at least 3 catamaran courses)	
	WINDSURFING (from 10 years old)150 €	
	beginners, 9:45 am to 12:00 pm intermediate and confirmed, 13:45 pm to 4:00 pm All levels (from 14 years old), 16:15 pm to 6:30 pm	
	STAND-UP PADDLE (from 12 years old)	

Mini training from Tuesday to Thursday, 10:15 am to 11:45am



- 10% FOR a Sec





OND TRAINING





## ...Easter

From April, 16 to May, 4, 2018 Monday to Friday, from 02:00 pm to 05:00 pm

## ...All Saints holidays

From October, 22 to November, 2, 2018 Monday to Friday, from 02:00 pm to 05:00 pm

Single price: 125 €/personne

For the first training, the participation in our activities of more than three days is subject to become membership to the Nautical Center of Sainte Marine (12€).

## THE SHORT OPTIONS:

## **DISCOVERY SESSION**

35€/person

## **PASS 3 DAYS**

120€/person 100€/child (under 13 years old)

## RENTINO

Simple Kayak: 10 €/h Catamaran Discovery: 35 €/h Windsurfing: 20 €/h



Two-seater kayak : 15 €/h Sport Catamaran : 45 €/h Stand-up paddle : 10 €/h

## **PRIVATE LESSON**

55 €/heure / 1 pers 75€/heure / 2 pers



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## SAIL RIDE TO THE ISLANDS

Board the collective sailboat for an escape on Sheeps Island. You'll go down to enjoy this corner of paradise for an about 2 hours stopover. Don't forget your picnic, swimming suit and beach towel! (open to all)

On Thursday from 10:00 am to 4:00 pm 50€/adult, 40€/child under 12 years old.

#### SAIL RIDE IN BAY OF BENODET

Alone, with your family or friends, discover the pleasure of sailing safely during 2 hours, under the guidance of a state certified instructor. (open to all)

On Thursday from 5:00 pm to 7:00 pm 25€/adult, 15€/child under 12 years old.

#### THE ODET RIVER ON STAND UP PADDLE

from 14 years old

Go back up the Odet, one of the most beautiful French rivers. We'll be happy to share a refreshment with you during the ride.

On Friday from 10:15 am to 11:45 am 25€/person

### TRACT BUOY

from 12 years old
Fun and exciting activity for thrill seekers.
Every day, on booking
15€person, 5 people minimum















